

Name:

Pathways of Recovery
Workshop Goal Sheet

1. What motivated you to want to go through this intensive workshop?
2. What blocks, patterns or struggles are you dealing with in your current life & relationships?
3. What are your biggest fears in participating in this workshop?
4. What are your goals in this workshop?
5. Write a mini autobiography about 1-3 pages about your struggles growing up 0-18 years old.

Thank you! We are so looking forward to the deep healing, growth
and God's work that will emerge at the workshop.