

# DEPENDENCY NEEDS

Name: \_\_\_\_\_

Please check the appropriate column that best describes how your dependency needs were met in childhood – adequate or inadequate, and explain.

<b>Dependency Need</b>	<b>Adequate</b>	<b>Inadequate</b>	<b>Explain</b>
<b>Food</b>			
<b>Clothing</b>			
<b>Shelter</b>			
<b>Physical Nurturing</b> Hugged, touched, comforted			
<b>Emotional Nurturing</b> Getting time, attention and direction from caregiver(s)			
<b>Medical/Dental Attention</b>			
<b>Spiritual Information</b> Taken to church; not allowed to attend any other church			
<b>Sexual Information</b>			
<b>Education</b> Were your educational aspirations supported? Could they afford it?			
<b>Financial Information</b> Were you taught the value of the dollar? Were you brought up in a family of material things? Were you poor and afraid to ask for things?			